

## Arnea

Its distance from Thessaloniki is 87km and from Polygiros 38km. Found at an altitude of 590m. Arnea (Liarigovi) is the capital of northern Halkidiki and where the metropolis of Ierissos - Mount Athos and Ardamerion is. At the height of Profiti Iliia, at a distance of approximately 3km north of Arnea, remain a few ruins of a small town. Mainly visible is part of a wall from the fortification of the citadel. This area coincides by a few historians as the position of the ancient city